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Adria Firestone

From *Carmen* to *Family Guy*, Adria Firestone has been an award winning actress and singer on the world's stages in straight theater, opera, concerts and musical theater for most of her life. She is a seminar leader and professional Career Coach and has been teaching at New Jersey City University for seven years.

Adria is the go to expert for eliminating stage fright and career design and transition. Adria's first book, *Harness Your Zebra: Eliminate Stage Fright for the Performing Artist* will be available in 2011.

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